



You have permission to use Eat Smart: Choose a Better Snack materials if you commit to offering and promoting at least 25% of the items identified as healthier (better) snack options in vending machines. Better snack options meet the following guidelines:

**Eat Smart Snacks contain**

- 200 calories or fewer per package
- No more than 10% of calories from saturated fat
- Zero grams of trans fat per serving
- 200 milligrams of sodium or fewer per package
- No more than 35% sugar by weight
- For items made with grains, the first ingredient is whole grain

The following materials help promote the vending items meeting the Eat Smart Snack criteria:

1. A label (pictured above) with nutrition criteria, so people can see what guidelines the snacks meet.
2. Wobblers (pictured below) identify the snacks in the vending machine that meet the criteria. Wobblers should be monitored each time machines are restocked to ensure that they are properly identifying items that meet the Eat Smart Snack criteria.



3. A cling (pictured below) to go at the top of the vending machine.



If items in vending machines do not meet the Eat Smart: Choose a Better Snack guidelines, promotional materials must be removed.

Email [healthyfoodretail@eatsmartmovemorenc.com](mailto:healthyfoodretail@eatsmartmovemorenc.com) to request your free Eat Smart: Choose a Better Snack promotional materials.